APPENDIX I

ADVANCED PRACTICE BEHAVIORS IN CLINICAL PRACTICE WITH INDIVIDUALS, FAMILIES AND GROUPS
Advanced Practice Behaviors in Clinical Practice with Individuals and Families

Preparation and Engagement

1. Engage diverse client populations (e.g. gender, race/ethnicity, sexual orientation, age, involuntary clients) in practice with individuals and families
2. Make emotional connection with clients via verbal articulation of clients’ thoughts and feelings underlying their “resistant” behavior in the helping process.
3. Elicit clients’ input in their perception of problems and solutions to the problems.

Assessment

4. Prepare differential assessment of individual clients and families that reflect an analysis of the interplay between clients’ intrapsychic dynamics and familial and systemic influences.
5. Prepare differential assessment of individual clients and families that is complemented by an analysis of clients’ strengths and vulnerabilities as they are shaped by internalized coping mechanism and environmental circumstances.
6. Engage clients in defining the focus of problem areas and the choice of treatment modalities.
7. Develop a differential intervention plan that integrates approaches from various theoretical modalities to address clients’ specific emotional and concrete needs that are relevant to their sociocultural beliefs and background.

Intervention

8. Apply a differential intervention plan that integrates approaches from various theoretical modalities to address clients’ specific emotional and concrete needs that are relevant to their sociocultural beliefs and background.
9. Develop and revise a plan of intervention based on an evolving assessment of a client’s need or problems.
10. Recognize affective content, underlying messages and themes embedded in the client’s presentation.
11. Educate and provide directives to clients who exhibit poor judgment and engage in at-risk behavior.
12. Intervene with the various client systems using agency services (individuals, pairs, and/or families).
14. Intervene to modify or restructure clients’ environment and mobilize resources for clients.
15. Utilize a range of interventive skills in relation to time frames and goals for practice.
16. Intervene in times of crisis by developing and implementing a care plan of soliciting concrete services, mitigating stressors as well as marshalling support from the client’s formal and informal network in a timely manner.
17. Validate clients’ negative feelings toward the ending of the helping process. Intervene in a variety of supportive approaches when clients exhibit acting out behavior as part of their reactions.
18. Engage clients in developing and initiating a plan for continuity of care and/or support services for clients.

Evaluation

19. Reflect, review, and assess the treatment process and outcomes.