Food Pantries, Soup Kitchens and Farmer’s Markets

Food pantries, soup kitchens and farmer’s markets are places to obtain food for you and your family. Select Farmer’s Markets take Electronic Benefit Transfer (EBT) cards and/or Food Stamps.

**125th Street Fresh Connect Farmer’s Market**

*Farmer’s Market*
*Adam Clayton Powell State Office Building*
*163 West 125th Street*
*Contact:*
*Website: harvesthomefm.org/about/*
*Eligibility: None*
*Cost: Accepts EBT/Food Stamps, WIC & FMNP coupons, Senior Citizen Farmer’s Market coupons and Health Bucks*
*Areas Served: Harlem*
*Languages: English*
*Other Services: Cooking Demonstrations and health and fitness demonstrations*
*Note: Open every Tuesday from 9:00am-5:00pm from July to December.*

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**82nd Street, St. Stephen’s Greenmarket**

*Farmer’s Market*
*82nd Street between First Avenue and York Avenue*
*Contact: Caroline Hiteshew*
*212-788-7476*
*Website: grownyc.org/82greenmarket*
*Eligibility: None*
*Cost: EBT/Food Stamps, WIC & FMNP coupons accepted. For every five EBT dollars spent, customers receive a $2 Health Buck coupon to purchase additional produce*
*Areas Served: Manhattan*
*Languages: English*
*Other Services: Community activities, cooking demonstrations, recipe exchanges and nutrition education.*

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**92nd Street Greenmarket**

*Farmer’s Market*
*First Avenue between 92nd Street and 93rd Street*
*Contact: Allison*
*212-788-7476*
*Website: grownyc.org/92greenmarket*
*Eligibility: EBT/Food Stamps and WIC & Senior FMNP Coupons accepted. For every 5 EBT dollars spent, customers receive a $2 Health Buck Coupon to purchase additional produce*
*Cost: None*
*Areas Served: Manhattan*
*Languages: English*
*Other Services: Community activities, cooking demonstrations, recipe exchanges and nutrition education.*

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**A New Beginning International Ministry**

*Food Pantry, Pantry Bag Distribution*
*180 East 118th Street*
*Contact: Pastor Dominic Reyes*
*212-987-4319*
*Eligibility: Must have ID*
*Cost: None*
*Areas Served: East Harlem*
*Languages: Primarily English*
*Other Services: HIV Testing, public notary, counseling and referrals and spiritual ministry*
*Note: Pantry Bag Distribution 1:30pm-3:30pm Thursday.*
Food Pantries, Soup Kitchens and Farmer’s Markets

All Saints R.C. Church
Pantry Bag Distribution
47 East 129th Street
Contact: Stephanie Ali
212-534-3535
gstephanieali@hotmail.com
Eligibility: Proof of address & ID required
Cost: None
Areas Served: Upper Manhattan
Languages: Primarily English
Note: Pantry bag distribution 8:30am - 5:00pm
Monday through Saturday.

Beth Hark Christian Counseling
Pantry Bag Distribution
1832 Madison Avenue
Contact: Reverend Joan Williams-Jarrell, Director
212-860-1523
Website: bethharkchristiancounselingcenter.org
Eligibility: Proof of children & ID required for first visit
Cost: None
Areas Served: East Harlem
Languages: English, Spanish
Other Services: Soup kitchen Wed and Thurs
12pm-2pm (Sept-June), free counseling (accepts walk-ins), referral service to other programs/city agencies, legal referral service, job application support and job training
Note: Pantry bag distribution Tuesday 1:00pm-5:00pm.

Bailey House Inc.
Pantry Bag Distribution
1751 Park Avenue, 3rd Floor
Contact: Harlow Graciano
212-633-2500
hgraciano@baileyhouse.org
Website: baileyhouse.org
Eligibility: HIV-positive persons 18 years of age or older
Cost: None
Areas Served: East Harlem
Languages: Primarily English, Spanish
Other Services: Residential programs, case management, healthcare coordination, independent living skills, housing assistance, community outreach and peer education, support groups and therapeutic recreational activities.

Cardinal McCloskey Services
Pantry Bag Distribution
2253 Third Avenue
Contact: Nadia Luburic
212-987-1806
nluburic@cms46.org
Website: cardinalmccloskeyservices.org
Eligibility: None
Cost: None
Areas Served: East Harlem
Languages: English, Spanish
Other Services: Provides preventive services.
Food Pantries, Soup Kitchens and Farmer’s Markets

Little Sisters of Assumption
Pantry Bag Distribution
333 East 115th Street
Contact: Lucia Russett
212-987-4422
lrussett@lsafhs.org
Website: little sisters family.org/advocacy.php
Eligibility: Families with pregnant women, nursing mothers and/or young children
Cost: None
Areas Served: East Harlem
Languages: Spanish, English and other languages available
Other Services: Preventive services, early education services, health services and adult education services
Note: Pantry bag distribution 9:00am - 11:00am Monday, Tuesday, Thursday, Friday.

Macedonia Church Assembly of God
Pantry Bag Distribution
340 East 106th Street
Contact: Jorge Rivera
212-410-3412
info@macedoniachurch.com
Website: macedoniachurch.com/index.html
Cost: None
Areas Served: East Harlem
Languages: Spanish and English
Other Services: Ministries for men and women and Sunday school.

Mount Sinai Greenmarket
Farmer’s Market
99th Street just East of Madison Avenue
Contact: Caroline Hiteshew
212-788-7476
Website: grownymc.org/mountsinaigreenmarket
Eligibility: None
Cost: EBT/Food Stamps, WIC & FMNP coupons accepted. For every five EBT dollars spent, customers receive a $2 Health Buck coupon to purchase additional produce
Areas Served: Manhattan
Languages: English
Other Services: Community activities, cooking demonstrations, recipe exchanges and nutrition education.

Mt. Zion AME Church
Pantry Bag Distribution
Soup Kitchen-Lunch
1765 Madison Avenue
Contact: Valerie Williams-Riedemann
212-369-6643
mtzionamec1765@verizon.net
Website: mountzionamenyc.org
Eligibility: None
Cost: None
Areas Served: All
Languages: Primarily English, Sometimes Spanish
Other Services: After school program and summer camp
Note: Pantry bag distribution 10:00am-11:00am Friday. Hot lunch served Wednesdays from 12:00pm to 1:00pm. Closed during summers.
Food Pantries, Soup Kitchens and Farmer’s Markets

Salvation Army Manhattan Citadel
Pantry Bag Distribution
Soup Kitchen-Lunch
175 East 125th Street
Contact: Pastor Earl Foster
212-860-3200
Website: salvationarmy.org
Eligibility: Must live in area and have proof of address and income
Cost: None
Areas Served: East Harlem
Languages: English, Spanish
Other Services: After school program 3:00pm-6:00pm
Note: Pantry bag distribution 9:00am to 5:00pm Monday through Friday.

St. Cecilia’s Parish Services
Pantry Bag Distribution
125 East 105th Street
Contact: Maritza Quiroz
212-348-0488
maritza.quiroz@archny.org
Website: saint-cecilia-parish.org/
Cost: None
Areas Served: East Harlem
Languages: English, Spanish
Note: Pantry bag distribution 9:30am-11:30am Wednesday, Thursday and Friday.

Samuel Temple Church of God in Christ
Pantry Bag Distribution
75 East 125th Street
Contact: Tyrone Holmes
212-427-0146
Cost: None
Areas Served: East Harlem
Languages: Primarily English
Note: Pantry bag distribution 3:00pm-5:00pm Wednesday and Friday.

Yorkville Common Pantry
Soup Kitchen-Breakfast and Dinner
8 East 109th Street
Contact: Daniel Reyes
212-410-2264
Website: ycp.org
Eligibility: Must go through intake process, register and live in neighborhood
Cost: None
Areas Served: East Harlem
Languages: English, Spanish
Other Services: Pantry program, showers, haircuts, laundry, case management for homeless clients, nutrition services and education classes.

Scan NY/ La Guardia Memorial
Pantry Bag Distribution
307 East 116th Street
Contact: 212-534-7800
Website: scanny.org
Eligibility: Must have federal ID and referral
Cost: None
Areas Served: East Harlem
Languages: English, Spanish, Chinese
Other Services: After school programs, youth development programs, tutoring programs, violence prevention programs, family counseling and preventive services
Note: Pantry bag distribution 9:00am-1:00pm Monday, Tuesday and Wednesday.
Food Pantries, Soup Kitchens and Farmer’s Markets

Columbia Greenmarket
*Farmer’s Market*
*Broadway between 114th Street and 116th Street*
*Contact: Georgia and Kristina*
212-788-7476
*Website: grownyc.org/columbiagreenmarket*
*Eligibility: None*
*Cost: EBT/Food Stamps, WIC & FMNP coupons accepted. For every five EBT dollars spent, customers receive a $2 Health Buck coupon to purchase additional produce*
*Areas Served: Manhattan*
*Languages: English*
*Other Services: Cooking demonstrations, seasonal celebrations and family friendly activities.*

Fraternite Notre Dame
*Soup Kitchen*
*Pantry Bag Distribution*
*2290 First Avenue*
*Contact: Sr. Marie Renee*
212-876-5855
*Website: fraternitenotredame.com/2011_2_0/new_york.php*
*Eligibility: Need picture ID and references*
*Cost: None*
*Areas Served: East Harlem*
*Languages: Primarily English, some Spanish*

Friendly Hands Ministry
*Pantry Bag Distribution*
*225-41 East 118th Street*
*Contact: Maria Ramos*
212-860-2789
friendlyhandsministry225@yahoo.com
*Cost: None*
*Areas Served: East Harlem*
*Languages: English and Spanish*
*Other Services: Youth programs and counseling services*
*Note: Pantry bag distribution 10:00am - 11:00am Wednesday and Thursday.*

Good Neighbor Presbyterian Church
*Pantry Bag Distribution*
*115 East 106th Street*
*Contact: Fior Damiani*
212-369-0505
laiglesiaelbuenvecino@aol.com
*Eligibility: Must bring picture ID*
*Cost: None*
*Areas Served: East Harlem*
*Languages: English, Spanish*
*Note: Pantry bag distribution 9:30am - 12:00pm Tuesday.*

Iris House Eastside
*Pantry Bag Distribution*
*2271 Second Avenue*
*Contact: Shirley Alves*
646-548-0100
salves@irishouse.org
*Website: irishouse.org/
*Eligibility: Women with HIV/AIDS and their families. Must be enrolled client of Iris House*
*Cost: None*
*Areas Served: Harlem*
*Languages: English and Spanish*
*Other Services: Case management, advocacy, treatment education, youth groups, housing, behavioral health, prevention services, HIV testing, harm reduction and support groups*
*Note: Pantry bag distribution 9:00am- 5:00pm Monday through Friday.*